



Bethan Shipway
Assistant
Principal



Emma Johnson
Executive
Principal



Joseph Broadfield
Associate
Principal



Joshua Sanghera
Assistant
Principal



Donna Black
EYFS lead



Amanda Riley
Senior
Learning
Mentor

Do you know your
**Safeguarding
team?**

Please speak to the office to arrange a meeting with a member of our team.

Do you need
to talk
to someone?



A warm welcome back to all of our families and to this term's Safeguarding Newsletter. It has been a positive and successful start to the academic year, it is lovely to see how quickly the children have adapted to the new school routines. It is important for you to have an understanding of the support that is available and also for you to have knowledge of any local issues so you can safeguard your children out of school hours. If there is a particular issue/concern that you would like more information on please speak to a member of the safeguarding team.

The Safeguarding Team are here to help in any way we can. Please come and see us if you need any support.



E-Safety

Internet safety continues to be one of our top priorities in school but how can you get the balanced screen time and adopt a healthy digital diet in your homes?

Getting screen time balance

Screen time can offer children opportunities to learn and develop new skills at a touch of a button but like anything, too much of it can have a negative effect on their wellbeing. As children get older and more independent online, finding the right balance for your family can be challenging but the key is to think about it early on and set some clear boundaries around their online use.

Making the most of screen time

Assess how and where they use devices

Based on their routine, think about when and where they are using their device to establish when it would be better for them to unplug and focus on other activities. Generally, it is best not to be on devices right before bed or keep them in bedrooms at night.

Examine what they are doing online

Not all online activities are created equal - take the time to assess how particular activities that your child is doing can help or hinder their development as they grow. Ask yourself - Is this activity helping my child achieve a goal, improve their development in a certain area, promote their sense of self, or build-up skills that will help them make smart choices as they grow.

Look at your relationship with screens

Review your own relationship with screens to address how this may be affecting your digital use.

Is there anything that you can do in your interactions that will give them the confidence to build a healthier relationship with technology?

As the dark nights draw in and Halloween is fast approaching, we want to ensure all our children are staying safe.

Darker Nights

West Midlands Police see an increase in calls at this time of the year, so please be vigilant when your children are outside, as sunset becomes earlier.

Fireworks know the facts

On Bonfire night it is illegal to set fireworks off after midnight. Don't buy professional fireworks unless you are a firework professional.

If you are under 18 you cannot possess a firework in a public place.

When holding a sparkler make sure you are wearing gloves and with an adult.



5 top tips on how to **BE BRIGHT & BE SEEN**

- 1** Brightly coloured or fluorescent clothing shows up well in daylight and at dusk when you're heading to and from school.
- 2** If you're out and about when it's dark, wear reflective gear to make sure you can be seen in car headlights. Reflective vests, sashes or wristbands work well. Remember, fluorescent clothing doesn't work after dark!
- 3** Don't forget to accessorise! Even small items such as clip-on reflectors, armbands and stickers on your outfit or school bag are a great way to improve your visibility.
- 4** If you like to cycle, remember that it's the law to have clean and working lights at night (white at the front, red at the back), as well as a rear reflector. It's good to fit spoke reflectors too.
- 5** Of course, 'Being Bright' isn't the only way to stay safer. If you're out at night, choose routes and crossing places that are well lit and remember to always use the Green Cross Code.

For more road safety tips, games and videos, visit the Tales of the Road website at www.direct.gov.uk/talesoftheroad



Useful websites:

Cycling at night:

<https://www.cycletraining.co.uk/cycle-training-and-cycle-safety/safety-first-cycling-at-night/>

Road safety:

<https://www.think.gov.uk/education-resources/>

Support for families in Birmingham (housing, mental health, finances and lots more):

<https://the-waitingroom.org/>

Looking forward to next half terms Safeguarding events....

9 Habits

November - Hopeful

December - Joyful

We will also be looking at;

Road Safety week, Interfaith week, Remembrance Day, Children In Need Day, World Kindness Day, International Day of Disabled persons