

Show responsibility

Have a commitment to learning

Cope well with change

- I find challenges and new responsibilities.
- I can be flexible when situations or plans change.
- I organise my time and resources and decide what is most important to do first.
- I try to cope well with change and know I can talk to someone to help me with this.
- I can guess what problems I might have with a situation but try anyway.
- I can manage my feelings and build good relationships.

